



 **nextmune**

**Itch Tracker**

Is your pet scratching, licking and biting itself because it is itching?

It is very useful for your vet if you fill in this itch tracker and take it to the consultation.

With the itch tracker, your vet has a good overview of your pet's situation, making the cause easier to find.

## How to use this itch tracker

**1**

**Rate every week**  
by writing a dot in the column that best describes your pet's situation.

**2**

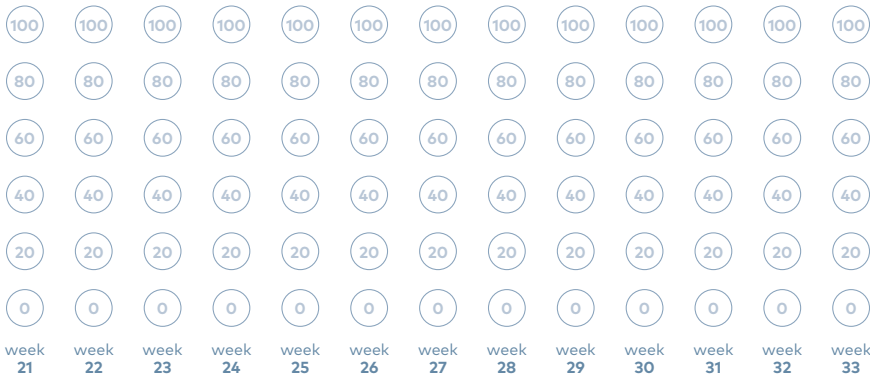
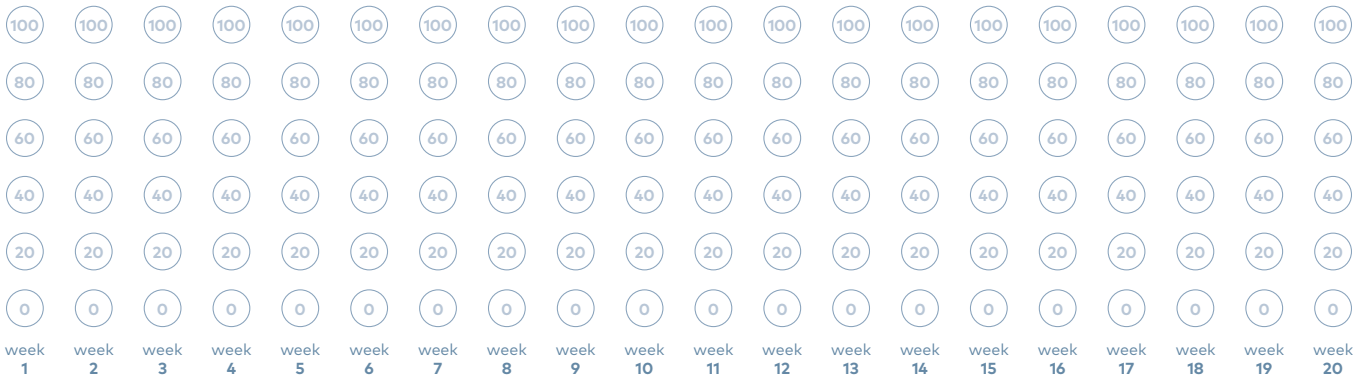
**Connect the dots**  
and you will see a graph appear of your pet's situation.


**3**

**Contact your vet and show this itch tracker.**  
This will be a big help for your veterinarian to find the cause.

<b>0</b>	<b>20</b>	<b>40</b>	<b>60</b>	<b>80</b>	<b>100</b>
<b>NORMAL PET</b>	<b>VERY MILD</b> only occasional episodes	<b>MILD</b> a bit more frequent	<b>MODERATE</b> regular episodes	<b>SEVERE</b> prolonged episodes	<b>EXTREMELY SEVERE</b> almost continuous
I don't think itching is a problem.	Your pet is slightly more itchy than it was before the skin problem started.	No itching when sleeping, eating, playing, exercising or being distracted.	Itching might occur at night, or wake the pet up. No itching when eating, playing, exercising or being distracted.	Itching might occur at night, or wake the pet up. And also when eating, playing, exercising or being distracted.	Itching doesn't stop whatever happens, even in the consulting room they have to be physically restrained from itching.

NAME OF MY PET \_\_\_\_\_



 **Week 1** \_\_\_\_\_

**Week 2** \_\_\_\_\_

**Week 3** \_\_\_\_\_

**Week 4** \_\_\_\_\_

**Week 5** \_\_\_\_\_

**Week 6** \_\_\_\_\_

**Week 7** \_\_\_\_\_

**Week 8** \_\_\_\_\_

**Week 9** \_\_\_\_\_

**Week 10** \_\_\_\_\_

**Week 11** \_\_\_\_\_

**Week 12** \_\_\_\_\_

**Week 13** \_\_\_\_\_

**Week 14** \_\_\_\_\_

**Week 15** \_\_\_\_\_

**Week 16** \_\_\_\_\_

**Week 17** \_\_\_\_\_

**Week 18** \_\_\_\_\_

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**Week 24** \_\_\_\_\_

**Week 25** \_\_\_\_\_

**Week 26** \_\_\_\_\_

**Week 27** \_\_\_\_\_

**Week 28** \_\_\_\_\_

**Week 29** \_\_\_\_\_

**Week 30** \_\_\_\_\_

**Week 31** \_\_\_\_\_

**Week 32** \_\_\_\_\_

**Week 33** \_\_\_\_\_