



## Itch Tracker

Is your horse rubbing  
and biting itself because  
it is itching?

It is very useful for your vet if you fill  
in this itch tracker.

With the itch tracker, your vet has  
a good overview of your horse's situation,  
making the cause easier to find.

### How to use this itch tracker

1

**Rate every week**  
by writing a dot in the column  
that best describes  
your horse's situation.

2

**Connect the dots**  
and you will see  
a graph appear of  
your horse's situation.

3

**Contact your vet and  
show this itch tracker.**  
This will be a big help  
for your veterinarian  
to find the cause.

0

**NORMAL HORSE**

I don't think itching  
is a problem.

20

**VERY MILD**  
only occasional episodes

Your horse is slightly  
more itchy than it  
was before the skin  
problem started.

40

**MILD**  
a bit more frequent

No itching when  
sleeping, eating,  
exercising or being  
distracted.

60

**MODERATE**  
regular episodes

Itching might occur at  
night. No itching when  
eating, exercising or  
being distracted.

80

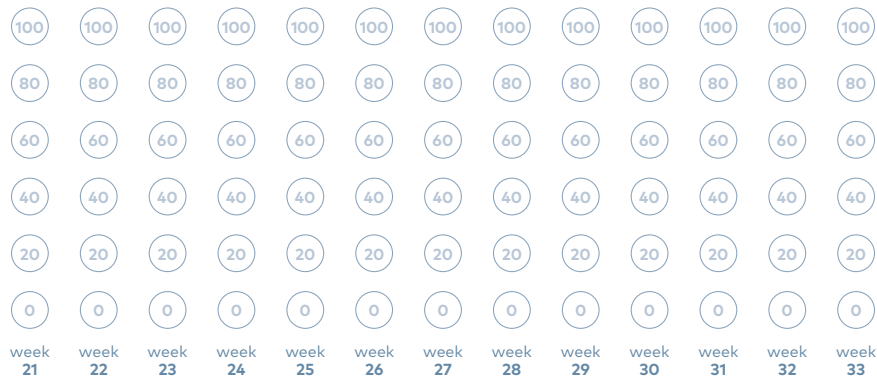
**SEVERE**  
prolonged episodes

Itching might occur at  
night. And also when  
eating, exercising or  
being distracted.

100

**EXTREMELY SEVERE**  
almost continuous

Itching doesn't stop  
whatever happens.



Week 1	Week 12	Week 23
Week 2	Week 13	Week 24
Week 3	Week 14	Week 25
Week 4	Week 15	Week 26
Week 5	Week 16	Week 27
Week 6	Week 17	Week 28
Week 7	Week 18	Week 29
Week 8	Week 19	Week 30
Week 9	Week 20	Week 31
Week 10	Week 21	Week 32
Week 11	Week 22	Week 33