

PATIENT:

Ruff Jones

202020172



nextmune



**ALLERGY TESTING
RESULTS BOOKLET**

ALLERGY REPORT



Lab Number 2021198231
Order Date 01/02/2021
Patient Ruff Jones
Sex Age
Owner Jones
Breed

Nextmune US
 2801 South 35 Street
 Phoenix, AZ 85034

☐ N - Negative (0-99)
☒ P - Positive (100+)

TOTAL REACTING ALLERGENS 22

(Excluding Foods, Staph & Indoor)

Grasses

Bahia	143	P
Bermuda	98	N
Bluegrass	92	N
Brome	95	N
Fescue	109	P
Johnson Grass	115	P
Orchard	93	N
Perennial Rye	105	P
Redtop	94	N
Saltgrass/Vernal Mix	109	P
Timothy	97	N
Wheat Grass	112	P

Weeds

Baccharis	66	N
Cocklebur	87	N
Dandelion	90	N
Dock/Sheep Sorrel	132	P
English Plantain	88	N
Goldenrod	90	N
Kochia/Firebush	75	N
Lamb's Quarters	104	P
Marsh Elder	188	P
Pigweed	95	N
Ragweed	91	N
Russian Thistle	94	N
Sage	137	P
Saltbush/Scale mix	85	N
Waterhemp	79	N

Trees

Acacia	121	P
Alder	92	N
Ash	98	N
Australian Pine	102	P
Bayberry	96	N
Birch	92	N

Trees

Box Elder/Maple	88	N
Cottonwood	104	P
Cypress	87	N
Elm	117	P
Hackberry	106	P
Hazelnut	87	N
Juniper/Cedar	79	N
Melaleuca	90	N
Mesquite	83	N
Mulberry	189	P
Oak	98	N
Olive	98	N
Palm	125	P
Pecan/Hickory	83	N
Pine	106	P
Privet	119	P
Sycamore	71	N
Walnut	92	N
Willow	82	N

Fungi

Alternaria	106	P
Aspergillus	94	N
Candida Albicans	129	P
Cladosporium	73	N
Helminthosporium	138	P
Mucor	88	N
Penicillium	76	N

Epidermals

Mixed Feathers	66	N
Sheep Epithelium	49	N

House Dust

House Dust Mites	96	N
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Foods

Alfalfa	74	N
Apple	52	N

Foods

Barley	86	N
Beef	68	N
Beet Pulp	63	N
Carrot	78	N
Chicken	93	N
Corn	124	P
Eggs	63	N
Fish Mix	50	N
Flax	94	N
Green Peas	88	N
Kelp	58	N
Oat	206	P
Pork	64	N
Pumpkin	145	P
Rice	130	P
Salmon	66	N
Spinach	89	N
Sweet Potato	59	N
Tomato	177	P
Turkey	77	N
Wheat	59	N
White Potato	97	N

Indoor

Kapok/Sisal Mix	106	P
Orris Root	149	P
Storage Mite Mix	87	N

Flea

Flea	68	N
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Staph

Staph	46	N
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Malassezia

Malassezia	37	N
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(*) Fish Mix=Catfish, Cod, Herring, Mackerel, White Fish

Poultry Mix=Chicken, Turkey Smut Mix=Bermuda Grass Smut, Johnson Grass Smut



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Dietary Results

Your dog tested positive for the following ingredients:

Corn	Oat	Pumpkin
Rice	Tomato	

A nutritious diet is essential to your dog's quality of life. The following pages include a list of prescription diets free of the ingredients to which your dog has reacted. This is a guideline for you and your veterinarian to discuss.

You may also access our online, interactive food list at nextmune.pawdiet.com. Simply enter the lab number found at the bottom left of this page and the owner's last name.

Manufacturers alter food formulations without notice. Please verify that your chosen diet does not contain any of the ingredients listed above.

For additional information visit **Nextmune.US**

*In the event of a food recall, please check each food against the published list as provided by the USDA or FDA.



Allergies are a progressive disease. If you don't properly address them now, they will get worse.

90%

of pet's symptoms improve with diet & hyposensitization*

66%

of pet's symptoms improve with hyposensitization alone*

*According to a veterinary survey

50%


of pet's symptoms improve with dietary change alone*



VISIT OUR INTERACTIVE FOOD LIST

Nextmune.pawdiet.com

ALLERGY REPORT




Lab Number	201820172
Order Date	5/12/2018
Patient	Ruff Jones
Sex	M
Owner	Age 3 Yrs
Breed	Jones
	Terrier

PawDiet

Brands ▾ Breeds Coupons Library Recalls Food Finder

Search For Pet Food Products By Name...



Dr. Doctor
ABC Veterinary Clinic
123 N Main St
Anywhere, Anywhere 12345
(303) 555-1212

Lab Number	201820172
Order Date	May 12, 2018
Patient	Ruff Jones
Owner	Jones
Breed	Terrier
Sex / Age	M / 3 Yrs

Ruff Jones tested positive for the following ingredients:

Corn Rice Flax White Potato Alfalfa Sweet Potato Beef Soybean

These commercially available diets are **free of the ingredients listed above**. This is a guideline for you and your veterinarian to discuss. Always check each diet's ingredient list – ensuring it does not contain the ingredients listed above.

[Print](#)

Your Recommend Product Lists

Dry Dog Food Formulas November 13th, 2019	95 Products →
Wet Dog Food Formulas November 13th, 2019	95 Products →
Dog Food Recommendations January 12th, 2020	100 Products →

You can find the lab number here

Simply enter your patient's lab number and last name.

The food list will populate with dry, wet and treat options based on the pet's allergy report.

Powered by:
PawDiet

Once testing has been completed, a diet trial and hypo-sensitization are 2 other important elements of a proper allergy workup.



DIET TRIAL

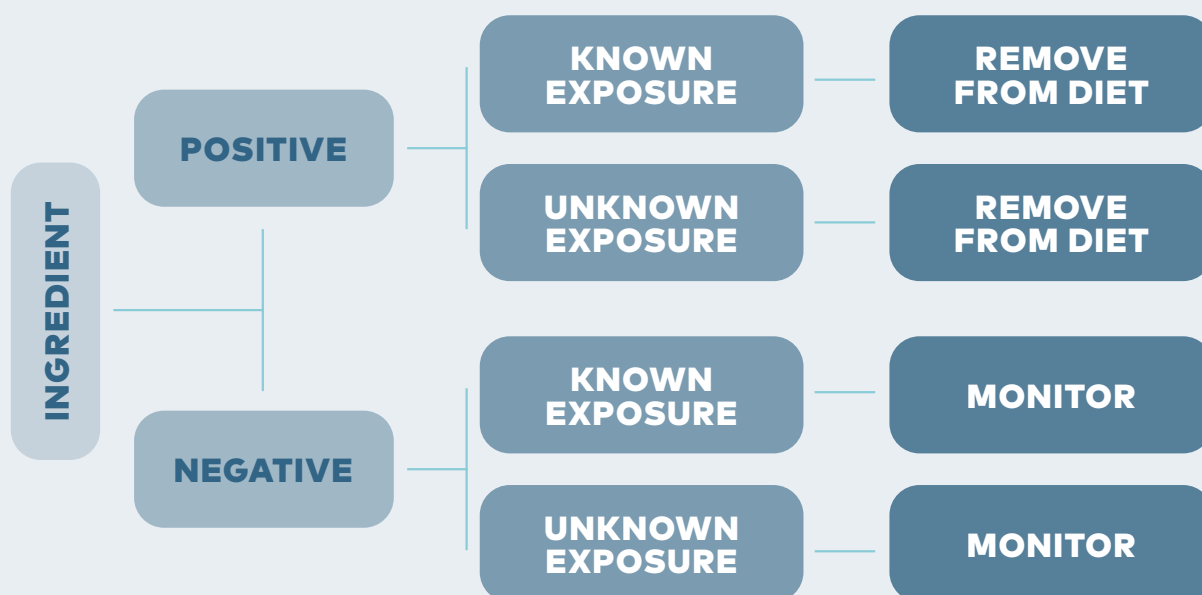
A diet trial is the gold-standard for determining a pet's food sensitivities. Our food test results allow you to have a starting point for that diet trial.

NEXTMUNE'S TESTING

There are 2 categories of results on a food test from Nextmune: either the patient is positive or negative. However, the results must be sub-categorized one step further, in order to know how to treat the patient.

INTERPRETING RESULTS

Since exposure plays a role in IgE elevations, you should also categorize foods into known exposure and unknown exposure. Once you have the exposure category, then you know how to prioritize the ingredients. Our food lists treat all positives as requiring removal. However, it is important to understand that a negative without exposure may become a positive with regular exposure. Therefore, a food sensitivity test should only be considered a starting point for a diet trial, not a full indicator of the animal's total sensitivities.



Why allergy treatment?

Allergy testing without proceeding to allergy therapy does little to improve your dog's quality of life. Allergy therapy is the **ONLY** way to increase tolerance and address the root cause of their symptoms without harsh side effects. This is accomplished by introducing their immune system to small, controlled doses of the allergens to which they've reacted.

Treatment is available in allergy drops (lasting 100 days) or allergy injections (lasting 283

days). Regardless of which method you choose, treatment sets are formulated specifically for your dog based on their allergy test results.

With compliance from both the pet parent and the veterinarian, NextmuneUS has seen improvement rates as high as 90%* – this means less reactions!

Discuss the details of your dog's treatment with your veterinarian today!



DID YOU KNOW?

Breeds most likely to suffer from allergies...



#1: Golden Retriever



#2: Labrador Retriever



#3: German Shepherd



#4: Cocker Spaniel



#5: Boxer

Questions? Visit us at Nextmune.US

*According to a veterinary survey

Hypo-sensitization for allergy management



ALLERGY INJECTIONS







- Every other day initially & eventually once per month
- Treat up to 20 allergens per set
- Initial set lasts 283 days
- Most economical option
- Observe dog for 45 minutes after each dose



ALLERGY DROPS

- Once a day oral administration
(No food/drink 10 minutes before/after)
- Treat up to 20 allergens per set
- Initial set lasts 100 days or 150 days
- 2 pumps or 3 pumps (based on weight)
- Observe dog for 45 minutes after each dose

NEXTMUNE'S TREATMENT VS OTHER OPTIONS

<i>Treatment</i> 	<i>Effectiveness</i> 	<i>Side Effects</i> 	<i>Cost</i>  <small>*Prices calculated based on medium-sized dog (60 lbs)</small>	<i>Benefits</i> 	<i>Downsides</i> 
Steroids	Effective in about 30-40% of cases	Excessive thirst, hunger & urination	About \$0.40-.50/day ³	Efficacy, cost	Long-term side effects, never addresses root cause of allergy
Apoquel®	Effective in about 60% of cases	Low instance of dermal masses, vomiting & diarrhea	About \$4-5/day ⁴	Relief for itchy pets, cost	Long-term effects unknown, never addresses cause of allergy, symptoms may return
Cytopoint®	Up to 80% of cases experienced itch relief ¹	Facial swelling, GI issues & hives	About \$3-6/day ⁵	Works quickly, about once per month	Long-term effects unknown, never addresses cause of allergy, symptoms may return
NextmuneUS Testing & Treatment	Very effective in about 85-90% of cases ²	Low instance in increased allergy symptoms (depending on season)	About \$1/day (injection), about \$2/day (oral)	Efficacy, addresses root cause of allergy symptoms, safe for long term use	Can take 4-6 months before benefits of therapy are seen

1. Zoetis, *Veterinary Dermatology* 2. Internal veterinary survey 3. 1-800-PetMeds.com / Medi-Vet.com 4. 1-800-PetMeds.com 5. Zoetis price list

Questions? Visit us at [Nextmune.US](https://www.nextmune.us)

Nextmune's Addendum to Food Results

Addiction	
Type	Food
DRY	Nutri-Rx Allergy-HS Ultra-Hypoallergenic Diet For Sensitive Dogs
Blue Buffalo	
Type	Food
DRY	Natural Veterinary Diet KS Kidney Support
WET	Natural Veterinary Diet HF Hydrolyzed For Food Intolerance For Dogs (Canned)
WET	Natural Veterinary Diet KS Kidney Support
WET	Natural Veterinary Diet NP Novel Protein Alligator For Dogs (Canned)
WET	Natural Veterinary Diet W+M Weight Management + Mobility Support (Canned)
WET	Natural Veterinary Diet WU Weight Management + Urinary Care
Farmina	
Type	Food
DRY	Vet Life Hypoallergenic Fish & Potato Canine Formula
Hill's Prescription Diet	
Type	Food
DRY	Skin/Food Sensitivities d/d Potato & Duck Formula
DRY	Skin/Food Sensitivities d/d Potato & Salmon Formula
DRY	Skin/Food Sensitivities d/d Potato & Venison Formula
TREAT	Dog Treats Soft Baked
WET	Skin/Food Sensitivities d/d Duck Formula
WET	Skin/Food Sensitivities d/d Salmon Formula
JustFoodForDogs	
Type	Food
FROZEN	Veterinary Diets Derm Support Fish
FROZEN	Veterinary Diets Joint and Skin Support
Purina Pro Plan	
Type	Food
TREAT	Veterinary Diets Lite Snackers Canine Treats

Purina Pro Plan	
Type	Food
WET	Veterinary Diets HA Hydrolyzed (Chicken Flavor) Canine Formula (Canned)
Royal Canin	
Type	Food
DRY	Veterinary Diet Hydrolyzed Protein PS For Dogs
DRY	Veterinary Diet Selected Protein PD For Dogs
DRY	Veterinary Diet Selected Protein PR For Dogs
DRY	Veterinary Diet Selected Protein PV For Dogs
DRY	Veterinary Diet Selected Protein PW For Dogs
DRY	Veterinary Diet Selected Protein PW For Large Breed Dogs
DRY	Veterinary Diet Selected Protein PW Moderate Calorie For Dogs
WET	Veterinary Diet Hydrolyzed Protein Canned Dog Food
WET	Veterinary Diet Selected Protein PD Canned Dog Food
WET	Veterinary Diet Selected Protein PR Canned Dog Food
WET	Veterinary Diet Selected Protein PV Canned Dog Food
WET	Veterinary Diet Selected Protein PW Canned Dog Food

4 STEPS TO LASTING RELIEF

1



STARTING POINT

Understand where your dog is now so you can assess their progress later.

Where's your dog on the itch scale?

Why did you test initially?

What are your ideal goals/outcomes?

1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

1-3 Mild 4-6 Moderate 7-10 Severe

2



ORDER TREATMENT

Which option is best for you – injections or drops?

How long will they last?

Injections last 283 days and the oral drops last 100 days. Injections start out every other day and work up to once per month, whereas drops are once daily. They both can treat up to 20 allergens in a single set.

3



EXPECTATIONS

What is a "success"?

We consider a success the effective elimination (or significant reduction) of steroid or relief medications.

When should I see improvement?

Allergy treatment is a long-term process, but it is the only way to address the real reason a dog suffers. It can take up to 4-6 months before you see the therapy's benefits. Every dog responds differently.

4



WHY MAINTENANCE?

Allergy treatment is a solution that is usually required indefinitely, since allergies are a life-long problem. After symptoms subside, it is important to maintain the tolerance you've established. If you stop treatment, tolerance will fade, symptoms can re-emerge, and you'll have to start over.

Taking Control Of Your Dog's Allergies

Allergy symptoms can initially be managed with a combination of antihistamines, diet changes, fatty acids, shampoos, and even relief medications. Positive effects can be seen with these therapies; however, the benefits are usually limited and temporary. To date, **hyposensitization is the safest, most effective treatment for long-term allergy management.**

NextmuneUS is committed to empowering pet parents with real allergy solutions. By consistently utilizing this 3-step approach, we've found lasting relief possible for your pet.*

1. **Consistently treating all possible reactions**
2. **Modifying the diet based on your pet's results**
3. **Maintaining treatment long-term; even after symptoms subside**



*According to a veterinary survey

DID YOU KNOW?



Relief medications like Apoquel® and Cytopoint® are helpful tools that, according to these experts, are not to be used in lieu of allergy testing/treatment...

This condition is going to require lifelong management and we are going to have to partner together to work through what the underlying cause is: infections/parasitic, food, inhalant or contact allergies, etc.

- Zoetis, makers of both Apoquel® & Cytopoint®*

We must be very cautious and emphasize the need to do a complete workup on the dog for underlying cause rather than just treating the pruritus.

- Dr. Bruce Hansen, DVM, DACVD
Dermatology & Allergy Services for Animals*

With Apoquel®, it is very clear when the antipruritic effect has worn off — it's dramatic.

- Dr. Rod Rosychuk, DVM, DACVIM - Professor of
Clinical Studies at Colorado State University*

Questions? Visit us at Nextmune.US

*Canine Atopic Dermatitis: Building a Lifelong Treatment Plan, Zoetis, Clinician's Forum (Jan. 2017)

CHECKLIST:

ALLERGY-PROOFING YOUR HOME

ANNUAL

<input type="checkbox"/>	Smoking	Make your home a non-smoking environment.
<input type="checkbox"/>	Home Foundation	Check for gaps, cracks, and leaks. Address with a waterproofing seal.
<input type="checkbox"/>	Carpet	Replace with wood, tile, or linoleum. Have carpets professionally cleaned to sanitize and remove allergens.
<input type="checkbox"/>	Extermination	Have your home serviced by professional exterminators.
<input type="checkbox"/>	Air Ducts	Have air ducts professionally cleaned.
<input type="checkbox"/>	Mold Inspection	Inspect the interior and exterior of your home for visible mold growth. If necessary, consult a professional mold removal service.

SEMI-ANNUAL

<input type="checkbox"/>	Windows & Doors	Check and seal all gaps and leaks. Ensure screens are properly installed. Keep windows closed on windy or humid days.
<input type="checkbox"/>	Insulation	Check for worn insulation; replace if necessary.
<input type="checkbox"/>	Plumbing	Maintain all faucets, pipes, and bathtubs. Inspect for leaks and seal them immediately.
<input type="checkbox"/>	Home Exterior	Treat foundation with fungicidal spray.
<input type="checkbox"/>	Bedding	Clean mattress thoroughly. If possible, encase with allergy cover.
<input type="checkbox"/>	Laundry Room	Inspect washer and dryer connections for leaks. Ensure that dryer is venting to the outside.

MONTHLY

<input type="checkbox"/>	Air Filters	Inspect air conditioning and heating filters for cleanliness and to ensure proper installation. Check filters on air purifier units.
<input type="checkbox"/>	Landscape	Prune tree and shrub branches away from the home to prevent mold growth.
<input type="checkbox"/>	Hyposensitization	Be sure to give your dog their allergy treatment.

Questions? Visit us at Nextmune.US

CHECKLIST:

ALLERGY-PROOFING YOUR HOME

WEEKLY

<input type="checkbox"/>	Dust Control	Use a static cloth or dust spray. Allow dust to settle for 20 minutes before vacuuming. Store items that gather dust in sealed boxes or display items in glass cases.
<input type="checkbox"/>	Vacuum	Thoroughly vacuum. Use a vacuum with a filter size of 5 microns or smaller to trap dust mites, mold spores, and pollen. Change filter frequently and never reuse filters.
<input type="checkbox"/>	Dehumidifier Maintenance	Clean filter and collection chamber with 10% bleach solution.
<input type="checkbox"/>	Laundry	Wash all bedding and stuffed toys in hot water. If available, run exhaust fan while laundering. Place washed items in hot dryer, never line-dry outside. Store washed materials immediately to avoid dust contamination.
<input type="checkbox"/>	Landscape	Avoid mowing lawns during the peak pollen production times of the early morning and evening.
<input type="checkbox"/>	Garbage	Have garbage removed weekly. Wash all garbage collection containers and spray with insecticide.
<input type="checkbox"/>	Bathroom & Kitchen	Clean visible mold with 10% bleach solution.
<input type="checkbox"/>	Dog	Bathe your dog regularly to remove dust and pollens.

DAILY

<input type="checkbox"/>	Bathroom & Kitchen	Run exhaust fans while showering and cooking to reduce humidity. Remove all garbage and trash daily.
<input type="checkbox"/>	Dehumidifier Maintenance	Remove water from collection chamber.
<input type="checkbox"/>	Dog	Wash your dog's paws when returning from outside to remove dust and pollens.

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Shampoo and Conditioner
Soap Free, Hypoallergenic



EAR & EYE SOLUTION



Advanced+ Ear Cleaner,
Antifungal, Antimicrobial Cleanser
with Aloe, Apple Kiwi Scent



DAILY SUPPLEMENTS



Super Chews for Cats
Probiotics, L-Lysine, Salmon
Omega 3 Fish Oil for Cats, Catnip



Benzoyl Peroxide Shampoo for
Dogs Cats + Sulfur Medicated



Antiseptic Wipes+
Chlorhexidine & Ketoconazole



Dog Multivitamin + Glucosamine
Chondroitin MSM, Omega 3,

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TO
Win**

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Relief Chews and Chlorhexidine Spray.
A new winner is selected every month.
strawfieldpets.com/giveaway



Thank you for choosing
Nextmune
for your allergy testing.



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